



MINDFUL LEADERSHIP

Workshops 2025: June 11, 9:00-12:00

October 16, 9:00-12:00

THE BASEMENT OF BRAIN POWER

Homo Sapiens looks back to a fascinating evolutionary journey of more than 20k generations. The archaic programs we got in this journey are our basement for the everyday challenges we face in modern times. Instead of hunting, defending ourselves against wild animals or the weather we now hunt the next appointment or defend ourselves against the individual or business competitors.

Ideation and the imagination of the unknown is - as far as we know - a speciality of Homo Sapiens. Every human is equipped with a high performance processor between the ears. Called: The Brain. We guide you to the better use of its power.

MINDFULNESS

Mindfulness is a powerful tool for the positive energy of developing one's own ideas to success. Through mindfulness your Homo Sapiens team will improve its mental and physical health, sharpen its cognitive abilities and enforce its emotional resilience. Awareness of their own mindfulness will not only boost your professional success but also lead the team to a balanced, peaceful and fulfilling life.

LEADERSHIP

Everybody is a leader of her or his team and peers. And every leader is responsible for the balance of challenges of all team members. The brain and its fabulous ideation capability needs guidance through a mindful leader who is able to motivate the team, inspire their ideas and balance their challenges.

YOUR LECTURER IN THE WORKSHOP

LUDOVIT GARZIK

Managing Director of Innovationorbit providing executive education programs for innovation culture in Africa, Asia, Europe and the USA. Ludovit worked in Space Business, Research Promotion and from 2005 to 2024 he acted as Managing Director of the Austrian Council for Research and Technology Development.



**Deep Dive into
Innovation Ecosystems:**





HOW DOES MINDFULNESS BOOST THE POWER OF YOUR IDEAS?

- >> STAND UP AND **DEFINE YOURSELF**
- >> LOOK AT THE BROAD VISION AND **DEFINE YOUR IDEA**
- >> FOCUS ON YOUR GOAL AND **DEFINE YOUR SUCCESS**
- >> WALK AND **DO IT**

**THE
'IDEA TO SUCCESS'
JOURNEY**

HOW DOES LEADERSHIP EMPOWER YOUR TEAM?

**THE
'LEADERSHIP TO SUCCESS'
JOURNEY**

- >> STAND UP AND **MOTIVATE YOUR TEAM**
- >> LOOK AT THE BROAD VISION AND **INSPIRE IDEAS**
- >> FOCUS ON YOUR GOAL AND **BALANCE CHALLENGES**
- >> WALK AND **LEAD**

WHY WILL MINDFUL LEADERSHIP BE USEFUL FOR YOU?

>> **MINDFULNESS & ENGAGEMENT**

ACCELERATE THE SPEED OF TRANSFORMATION

>> **COMMUNICATION & TRUST**

ENABLE YOUR TEAM WITH POSITIVE VIBES

>> **TOOLS & PROCESSES**

FROM GENERATIVE AI TO RAPID PROTOTYPING

>> **FOCUS AND PRIORITIZATION**

MANAGE THE ENERGY OF YOUR TEAM

INVESTMENT FOR THE WORKSHOP

€ 450,- (excl. VAT) incl. all materials

LOCATION AND LANGUAGE

Vienna/German

NEXT DATES

June 11, 2025 + October 16, 2025

MORE INFORMATION AND CONTACT

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